



COVID-19 PRACTICE GUIDELINES

- stay home if you do not feel well (player, parent, coach)
- stay home if someone in your household is exposed to COVID-19 or tests positive for COVID-19 (player, parent, coach)
- attendance will be recorded
- health questions and temperature check
- when entering TVA facility, athletes with gym bags and water bottles must place them by the chairs next to the court that they are playing/practicing*
- everyone will wash hands (at TVA) at the beginning of practice prior to entering the court*
- everyone will wash hands (at TVA) at the end of practice after cleaning floor and equipment*
- All players, coaches and parents will enter TVA with a mask. Wearing of masks will be governed by State and County guidelines. These guidelines are subject to change during pandemic. *
- only one parent will enter TVA to watch or help with practice*
- parents watching practice must wear a mask*
- no siblings (not registered) can attend practice*
- disinfect equipment regularly (TVA)
- keep groups small
- use water bottles instead of drinking fountain(s)

*TVA rental agreement requirement

COVID-19 TRAVEL GUIDELINES

- stay home if you do not feel well
- stay home if someone in your household tests positive for COVID-19
- be prepared to wear a mask if tournament requires a mask
- health questions and temperature check
- wash hands regularly
- keep groups small
- disinfect balls/equipment regularly - Warriors mimic TVA disinfecting best practices for travel
- use water bottles instead of drinking fountain(s)

EXPOSED to COVID-19 or CONFIRMED COVID-19 POSITIVE

- If an immediate family member has been directly exposed to COVID-19 or has tested positive for COVID-19 please contact a Metro Warriors board member as soon as possible. Metro Warriors will then notify TVA accordingly.
- If you have been exposed, you need to stay home and quarantine for 14 days.
- If you have been confirmed COVID-19 positive you need to stay home until fever free for 3 days, symptom free for 3 days, or 10 days from first symptoms (whichever is longer).